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| SITUATION: Seven-year-old child feels sad about being excluded by friends  The Teacher: | | |
|  | ABUSE | *“I don’t blame them. Who would want to play with a crybaby like you?”* Hits child on upper arm or twists ear. |
| Shape, circle  Description automatically generated | CONDITIONAL CARE | Sighs, says, *I’d always hoped that you would be popular.* |
| Shape  Description automatically generated with low confidence | ASSERTIVE CARE | Says, *I love you and I think you are wonderful. I’m sorry they left you out. Let’s talk to the teacher and ask for help?* |
| Shape  Description automatically generated with low confidence | SUPPORTIVE CARE | Says, *I remember a time when I was your age and was sad about being left out. It felt icky. Remember that I’m on your team. Anything you want from me?* |
| A picture containing star, night sky  Description automatically generated | OVERINDULGENCE | Says, *I’ll get you some new toys and then your friends will want to play with you.* |
| Shape  Description automatically generated with low confidence | NEGLECT | Doesn’t notice or says it doesn’t matter. |
|  |  |  |
| SITUATION: Parent has been denying own needs based on the belief that the children’s needs come first, then partners’, then mine. | | |
| Icon  Description automatically generated | ABUSE | Thinks, “*I’ll work as long as I need to in order to provide what my spouse and children want.” Works self into illness.* |
| Shape, circle  Description automatically generated | CONDITIONAL CARE | Believes, *“I’m not a worthwhile person unless I sacrifice for my family.”* |
| Shape  Description automatically generated with low confidence | ASSERTIVE CARE | *I recognize my needs and get them met and help; meet the needs of all family members. All of our needs are important. We work together to get them met.”* |
| Shape  Description automatically generated with low confidence | SUPPORTIVE CARE | Seeks membership in an appropriate support group. |
| A picture containing star, night sky  Description automatically generated | OVERINDULGENCE | Shops, works, eats, takes pulls, or drinks compulsively to ease stress. |
| Shape  Description automatically generated with low confidence | NEGLECT | Continues to act on the old belief. |

Graphical user interface, application

Description automatically generatedNurture

**MACMH 2022**

Nurture Highway Examples

*For more information please contact Lisa Krause* [*lisa@parentcoachconnection.com*](mailto:lisa@parentcoachconnection.com)

*763-438-1093*

[*www.parentcoachconnection.com*](http://www.parentcoachconnection.com)

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