

MY ADOLESCENCE'S IDENTITY

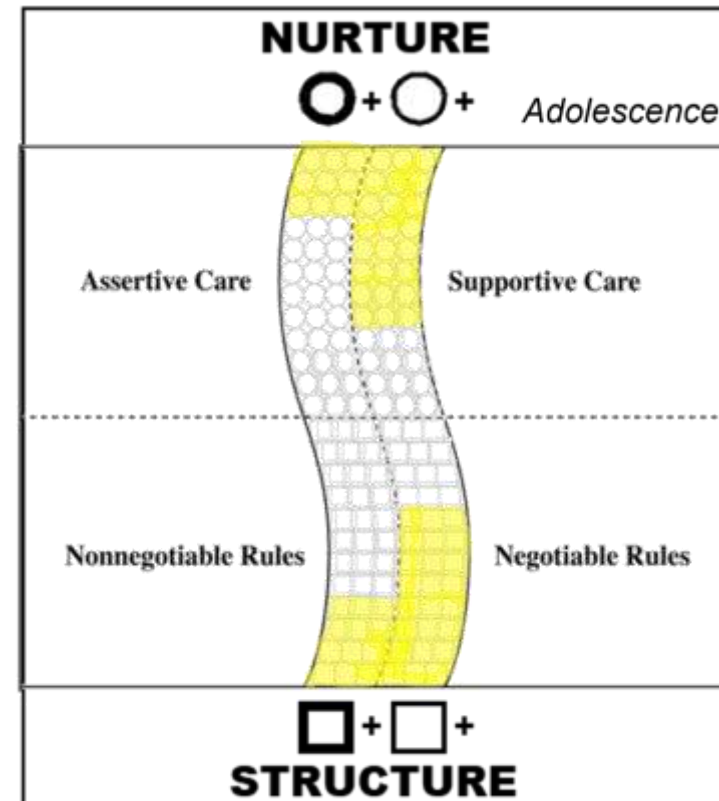
Identity, Sexuality & Separation- Adolescence

Adolescent's Name _____ Age _____

Adolescents	Adult's
Temperament	Temperament
Health	Health
Situation	Situation

JOBS OF THE CHILD

- To take more steps toward independence.
- To achieve a clearer, emotional separation from family
- To emerge gradually, as a separate, independent person with own identity and values within the context of family
- To be competent and responsible for own needs, feelings, and behaviors as one moves out into the world.
- To find and support a healthy peer group.
- To continue to do family chores.
- To continue to participate in family celebrations and rituals.
- To integrate sexuality into sense of identity ad earlier developmental tasks
- To gradually acquire the skill of independent, moral thinking



- You can know who you are and learn and practice skills for independence
- You can learn the difference between sex and nurturing and be responsible for your needs and behavior
- You can develop your own interests, relationships and causes
- You can learn to use old skills in new ways
- You can grow in your maleness or femaleness and still be dependent at times
- I look forward to knowing you as an adult

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